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### **Notice of Social Media Policy**

**Follow our TAKE 2 Counseling and Coaching social media accounts for daily positivity! We will never comment on your personal page or breach your confidentiality.**

Instagram: [take2counselingnj](https://www.instagram.com/take2counselingnj)  
Facebook: [TAKE2counselingNJ](https://www.facebook.com/TAKE2counselingNJ)

**Please read below to understand how our social media interactions are conducted as mental health professionals.**

**Friending/following:** We do not accept friend or contact requests from current or former clients on personal social networking sites (Facebook, LinkedIn, Instagram etc). Our only exception is our TAKE 2 Counseling & Coaching, LLC. business platform (@take2counseling on Instagram) . Adding clients as friends or contacts on personal sites can compromise confidentiality, our respective privacy, and may also blur the boundaries of our therapeutic relationship.

**Interacting:** Please do not use messaging on Social Networking sites such as Twitter, Facebook, or LinkedIn as a form of contact. These sites are not secure and these messages may not be read in a timely fashion. Do not use Wall postings, @replies, or other means of engaging in public online if there is an already established client/therapist relationship. Engaging this way could compromise your confidentiality. It may also create the possibility that these exchanges become a part of your legal medical record and will need to be documented.

**Use of Search Engines:** It is NOT a regular part of practice to search for clients on Google or Facebook or other search engines. However, extremely rare exceptions may be made during times of crisis. **If we have a reason to suspect that you are in danger and you have not been in touch via our usual means (coming to appointments, phone, or email) there might be an instance in which using a search engine (to find you, find someone close to you, or to check on your recent status updates) becomes necessary as part of ensuring your welfare.**

**Business Review Sites:** You may find TAKE 2 Counseling & Coaching, LLC. on sites such as Yelp, Healthgrades, or other places which list businesses. Some of these sites include forums in which users rate their providers and add reviews. If you should find this listing on any of these sites, please know this is NOT a request for a testimonial, rating, or endorsement from you as a client. We do, however, welcome and appreciate reviews. Due to confidentiality, we cannot respond to any review on any of these sites whether it is positive or negative. You do have a right to express yourself on any site you wish, but we urge you to take your own privacy as seriously as we take our commitment of confidentiality to you. You should also be aware that if you are using these sites to communicate indirectly with us about your feelings about our work, there is a good possibility that we may never see it. If we are working together, please bring your feelings and reactions to our work directly into the therapy process. This can be an important part of therapy, even if you decide we are not a good fit.

**Location-Based Services:** If you use location-based services on your mobile phone, you may wish to be aware of the privacy issues related to using these services. TAKE 2 Counseling & Coaching is not a check-in location on various sites such as Foursquare, Gowalla, Loopt, etc. However, if you have GPS tracking enabled on your device, it is possible that others may surmise that you are a therapy client due to regular “check-ins”.

**If you have questions about this document, you are encouraged to bring them up when we meet. As new technology develops, this policy may be updated. You will be notified of any changes.**